

Mobile CREDO

Mobile CREDO during a time of war or national emergency is a three tiered ministry serving personnel returning home from an operational theater (CREDO AFLOAT), serving families and support personnel on the home front (CREDO AT HOME), and serving personnel in an operational theater (CREDO IN THEATER).

1. CREDO Afloat

CREDO AFLOAT refers to programs offered to personnel returning home from an operational theater. Currently, CREDO AFLOAT consists of two foundational ship-board programs that help personnel who are transitioning from an operational theater to the home environment.

1. Warrior Transformation: A 90-minute prevention program designed for Marines, conducted in groups of 20. Integrating the best tools from CREDO retreats and Critical Incident Stress models, chaplains help Marines reflect on their experiences in the operational theater, help them get a pulse on their current emotions, and assist them in reflecting on the compatibility/incompatibility of their current emotions with their return to their families.

2. Operational Stress Control: A 90-minute prevention program designed for Sailors, conducted in groups of 20. Integrating the best tools from CREDO retreats and the Army's Operational Stress Control models, chaplains help Sailors identify their deployment stress points, help them get a pulse on their current emotions, and assist them in reflecting on the compatibility /incompatibility of their current emotions with their current duties and their eventual return to their families.

2. CREDO At-Home

While personnel are deployed for military contingencies, at time of war, or national emergency, CREDO Chaplains are also based near families who are back home. There are many ways that CREDO Chaplains can make themselves available with new programs and programs that have a proven track record. Some of these include:

1. **Spouses Dealing with Stress Caused by Deployment:** A one day seminar for spouses who want tools to manage the stress of extended deployment separation.
2. **Care for the Caregiver for Ombudsmen/Key Volunteers:** The Care for the Caregiver program is a three day program with a proven track - record. This program removes Ombudsmen and Key Volunteers from the toxicity of others problems, educates them on self-care steps, and provides an environment for personal reflection.
3. **Life After Hostile Environment:** Utilizing the basic Personal Growth Retreat model, this 72-hour program helps those still affected by deployment with an understanding of combat guilt and grief, providing basic coping skills and techniques.
4. **Love of Your Life Seminar:** This seminar provides opportunities for spouses, during deployment separation, to increase self awareness, appreciate personality differences with their spouse, and learn new approaches to dealing with conflict.

3. CREDO In-Theater

CREDO is prepared to deploy a team to a designated operational area, providing a variety of programs as part of a “war-belt” of resources that are available at any time:

1. **Warrior Restoration:** Assist Marines who have encountered hostile environments to maintain full fitness for duty and long-term personal function.
2. **Mourning Mulage:** Designed for medical personnel in-theater and service members detaching from an operational setting, the program provides an outlet to process stress/grief and deal with concerns brought about by working with death and dying on a routine basis.
3. **Spiritual Focus:** A three hour reflection program in which warriors have the freedom to explore questions related to faith and combat.
4. **Relationship Reinforcer:** For personnel who are staging to return home, this program begins to build effective relationship skills before personnel return home.